



BRAND

4.1 ^M
FRENCH/MONTH

PRINT

163 ^K
COPIES
2.2 ^M
READERS



DIGITAL

3.8 ^M
UV



Ingrid BERNARD
Editor-in-chief

THE LEADING HEALTH & WELL-BEING BRAND

PREVENTION - EXPERTISE - SUPPORT

For over 35 years, Top Santé has been helping its readers maintain and take control of their health and wellbeing, responding to their questions with care and practicality.

Deeply rooted in the daily lives of French people, Top Santé reassures, informs and explains by addressing current health topics through a stronger social and societal approach and by leveraging global awareness days to become the voice of public health issues.

SOCIAL

328 ^K
SOCIAL
FOLLOWERS

NEWSLETTER & PODCAST

145 ^K
NEWSLETTER
SUBSCRIBERS

769 ^K
PODCAST
IMPRESSIONS

WHAT'S NEW ?



2026 TOP SANTÉ AWARDS

6th Edition – December 16, 2026

The Top Santé Awards aim to **support and highlight brands that are committed every day to making health better, more accessible, and more sustainable**. They recognize the most effective health products and solutions, designed to tangibly improve everyday well-being and quality of life.

Organized across several categories, the Top Santé Awards rely on a jury made up of our editorial teams and health experts, who, at each edition, reward one product or solution per category, embodying excellence and innovation in the service of better living.